Swansea Public Schools
Counseling Protocol for Bullying Incidents

Administration target/aggressor referral

Adjustment Counselor/ Guidance Counselor
Interviews the Target and/or Aggressor

Target
Create a Safe environment
Reassure target they are not to blame
Encourage proactive behaviors/locus of control approach
- Increase self esteem
- Develop assertiveness
- Coping skills

Crisis Intervention Team
Second Offense or based on severity of offense

Aggressor
Focus on behavior as a choice
Explore consequences of behavior
Explore reasons why they act this way
Focus on:
- Self-control issues
- Self regulation
- Conflict resolution
- Social skills training
- Anger management

Family
Informational Interview
Constructive Feedback
Outline our role
Make referrals, as needed

Referrals
Outside referrals for support/therapy

Follow-up
Periodic check-ins, as needed with students, teachers, administrators and parents