



10 things you can do to prepare for returning back to school

1

Practice Hand Hygiene

often throughout the day. Teach them to sing their ABCs or have them count for at least 20 seconds ensuring they wash front, back, & in-between their fingers.



2 Practice Putting Mask

On/Off. Your child will be required to wear a mask on the bus, upon entering school, & within the hallways. Teach them to not touch the inside of their mask when taking it off.



3 Practice 6ft of Distance.

Measure the distance on the floor. Consider temporarily laying pieces of paper down for a visual.



4 Purchase a Thermometer

Check your child's temperature every morning. If 100.4 or higher, they must stay home until fever free (without the use of Tylenol/Motrin). If they develop a fever at school, they will be required to remain out of school for 24 hours.



5 Make/Purchase Extra

Masks. When possible, masks should only be used one time. Consider making or buy-



ing multiple masks to give you proper time to wash them between use.

6 Update Immunizations/Physical.

Each are required to enroll for the school year. Contact your child's pediatrician for an appointment. Immunizations can also be obtained at the Health Dept.



7 Change Aerosolized Medication.

Nebulizers & inhalers without a chamber cannot be administered in school. Speak with your child's pediatrician to obtain the proper equipment & to update the Asthma Action Plan.



8 Purchase Reusable Water Bottle

to be brought to school. Water fountains will not be in-service.



9 Verify/Update Emergency Contacts.

If your child presents with COVID-like symptoms, they will be placed in an isolation room and will need to be picked up immediately. Please ensure a contact can be reached at any given time.



10 Stay Informed.

Educate yourself from reliable sources such as the CDC (www.cdc.gov/coronavirus),



Swansea Board of Health, and the
Swansea Public School websites.